



Gracious Professionalism Workshop

10/12/2023

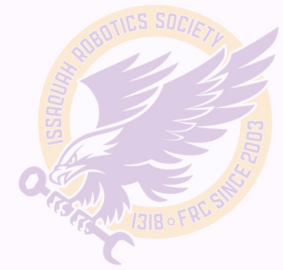
WORKSHOP AGENDA

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- 1 **FIRST's Values**
- 2 **GP Overview**
- 3 **I.I.O.R**
- 4 **Reflections**

Diversity Statement



FIRST is committed to fostering, cultivating and preserving a culture of equity, diversity, and inclusion. We embrace and encourage differences in experiences, race, ethnicity, national origin, sex, gender, gender identity, gender expression, sexual orientation, disability, age, religion, income, language, learning differences, or any other characteristics that make our adult-force and students unique. Exploring, developing and implementing strategies to become more inclusive and ensure access to our programs to all students is critical for *FIRST* to reach its goal and mission.

Gracious Professionalism Overview

- Always act with Gracious Professionalism
- Respect, understand, and empathize with others
- Follow FIRST guidelines, rules, and regulations
- Any dangerous, disrespectful, and violence should be reported to an adult if not resolved

“It's a way of doing things that **encourages high-quality work, emphasizes the value of others, and respects individuals and the community.**”

“*Gracious Professionalism* is part of pursuing a meaningful life. **One can add to society and enjoy the satisfaction of knowing one has acted with integrity and sensitivity.**”

-FIRST Robotics

Integrity

During Competition:

- Don't gossip, mock, or put down other teams
- Avoid feeling entitled
- Be respectful and kind towards EVERYONE
- Watch and cheer for all teams, not just our own
- Patience is key! Competitions can be long but still very fun

In the shop:

- Provide genuine & helpful feedback
- Admit when you are wrong
- Strive to improve yourself
- Support your teammates



Inclusion



What it looks like:

- Being kind, welcoming, and compassionate towards everyone
- Creating an opportunity for everyone to learn
- Actively seeking to understand everyone's backgrounds/experiences

Why it matters:

- Creates a diverse pool of ideas
- Builds team identity/bond
- Offers a fun, collaborative space for everyone



Optimism



For others...

- Assume positive intent
- Understand that everyone is learning
- Don't be afraid to be supportive of others
- Trust in others' abilities!
People are more capable than you think

For yourself...

- Understand mistakes are part of the learning process
- Never be afraid of an alternative choice
- Don't be hard on yourself
- Accept the negative as a journey towards better understanding

Responsibility

At competitions:

- Being respectful at all times
- Be attentive and mindful of others in the stands
- Empathizing with others
- Reporting any dangerous/disrespectful behavior

In the shop:

- Taking accountability
- Safely using materials
- Communicating your/your sub-teams needs



Questions?

Concerns?

you can do it

